Chapter 1

You can set PDF Bookmarks using the Bookmark() method.
You can set PDF Named Destinations using the setDestination() method.

Paragraph 1.1

Paragraph 1.2

Sub-Paragraph 1.2.1

Paragraph 1.3

Chapter 2

Once saved, you can open this document at this page using the link: "example_015.pdf#chapter2".

Chapter 3

Chapter 4